



Brentwood County
High School

CURRICULUM OVERVIEW

BTEC SPORT

Structure of Qualification

Pearson BTEC Level 3 National Extended Certificate in Sport	360 GLH (445 TQT) Equivalent in size to one A Level. 4 units of which 3 are mandatory and 2 are external. Mandatory content (83%). External assessment (67%).	A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.
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Program of Units

Unit (number and title)	Unit size (GLH)	Extended Certificate (360 GLH)
1 Anatomy and Physiology	120	M
2 Fitness Training and Programming for Health, Sport and Well-being	120	M
3 Professional Development in the Sports Industry	60	M
7 Practical Sports Performance	60	O

Key

	Unit assessed externally	M	Mandatory units	O	Optional units
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YEAR 12:

UNIT 1	Anatomy and Physiology Exam	January
UNIT 7	Practical sport performance	January-July

YEAR 13:

UNIT 2	Anatomy and Physiology Exam	January
UNIT 3	Practical sport performance	December- May

BTEC Sport

Extended Certificate

Know your papers

Unit 1 – Anatomy and Physiology

80 marks: 1 hr 30 mins (90 minutes)

Section A – The effects of exercise and sports performance on the skeletal system

Total for Section A = 12 Marks

Section B – The effects of exercise and sports performance on the muscular system

Total for Section B = 13 Marks

Section C – The effects of exercise and sports performance on the respiratory system

Total for Section C = 17 Marks

Section D – The effects of exercise and sports performance on the cardiovascular system

Total for Section D = 18 Marks

Section E – The effects of exercise and sports performance on the energy systems

Total for Section E = 12 Marks

Section F – Interrelationships between Body Systems for Sports Performance.

Total for Section F = 8 Marks

Unit 2 – Fitness Training and Programming for Health, Sport and Well Being

60 marks: 2hrs 30 mins (150 mins)

Part A – Case Study 4 hrs (240 mins) preparation

Part B – Supervised Assessment Session 2hrs 30 mins (150mins)

Part A

Will contain a case study based on an individual who requires guidance on training, lifestyle and nutrition, on which secondary research will be conducted.

Will be released one week before supervised assessment session.

You will be expected to conduct research over a maximum of four hours. Up to four sides of A4 notes can be taken into the supervised assessment.

Part B – 2hrs 30 mins (150 mins)

You must use BLACK ink. You will be given additional information to the case study presented in Part A.

During Part B you will be able to refer to research notes you made in Part A. You cannot access the internet or any other resource during the supervised assessment period.

You must plan your time and work independently throughout the 2hrs 30 mins. You will generally be given 6 questions varying in marks from 6 to 14.

Unit 3 – Professional Development in the Sports Industry

Unit 7 – Practical Sports Performance

These units are internally assessed by your teacher. You will be set an assignment with various tasks in order to achieve the full criteria of the unit. Tasks will be graded either Pass, Merit or Distinction.

Various styles of evidence will need to be provided based on the task these could include written, presentation, or practical video.

BTEC Sport Extended Certificate Assessment Plan

Assessment criteria

Pass	Merit	Distinction
Learning aim A: Understand the career and job opportunities in the sports industry		AB.D1 Justify how own skills audit outcomes and development action plan aligns to chosen career pathway, based on a comprehensive knowledge and understanding of the career.
A.P1 Explain the different career pathways, the associated job opportunities and their requirements in the sports industry.	A.M1 Analyse the professional development requirements and opportunities for specialism or promotion in different career pathways and the associated job opportunities in the sports industry .	
A.P2 Explain the development pathway into a selected career in the sports industry.		
Learning aim B: Explore own skills using a skills audit to inform a career development action plan		
B.P3 Explain how selected sports industry career matches own personal skills audit outcomes.	B.M2 Analyse own personal skills audit outcomes against a selected career in the sports industry.	
B.P4 Develop a career development action plan, to meet the requirements of intended sports career using skills audit outcomes.	B.M3 Develop a career development action plan that has specific relevance to the requirements of intended sports career and skills audit outcomes.	

The full specification is available to view at https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPEC.pdf

The Exam Board we follow is EdExcel

Points available for internal units

The table below shows the number of **points** available for internal units. For each internal unit, points are allocated depending on the grade awarded.

	Unit size	
	60 GLH	90 GLH
U	0	0
Pass	6	9
Merit	10	15
Distinction	16	24

Points available for external units

Raw marks from the external units will be awarded **points** based on performance in the assessment. The table below shows the **minimum number of points** available for each grade in the external units.

	Unit size	
	90 GLH	120 GLH
U	0	0
Near Pass	6	8
Pass	9	12
Merit	15	20
Distinction	24	32

Your total score in points will then translate to an overall grade for the Extended Certificate.

Extended Certificate	
360 GLH	
Grade	Points threshold
U	0
P	36
M	52
D	74
D*	90