

The Osborne Sixth Form

Sport



BTEC Extended Certificate

Specification: https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPEC.pdf

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Why study BTEC Sport?

This holistic Sport course analyses aspects of developing coaching, fitness and health and explores various pathways to a career within sport.

This course offers you the opportunity to extend your knowledge of sport through a number of practical and theoretical units of work.

What skills will I develop?

BTEC Sport will give you an understanding of sports performance and the factors that affect behaviour in sport. You gain subject-specific knowledge in areas such as physiology, psychology, health and many more!

You'll also develop a set of core skills that can be used in lots of different careers, including:

- research and data analysis
- the ability to work on your own initiative and as part of a team
- communication skills
- time management and planning
- effective problem-solving
- professionalism

What will I study?

- Unit 1 - Anatomy and Physiology (EXAM)
- Unit 7 - Practical Performance
- Unit 3 - Professional Development in Sport
- Unit 2 - Health and Wellbeing (EXAM)

How will I be assessed?

Units are assessed using a grading scale of Distinction (D), Merit (M), Pass (P), Near Pass (N) and Unclassified (U). All units contribute proportionately to the overall qualification grade.

Forms of assessment include exams in units Anatomy and Physiology and Health and Wellbeing. The other units are coursework based.

Where might it lead?

Supporting over 600,000 jobs in the UK, sport is a £28bn industry and this fast-growing sector now ranks among the top 15 mainstream activities in the economy.

Sport related careers:

- Exercise physiologist.
- Fitness centre manager.
- Personal trainer.
- Secondary school teacher.
- Sports administrator.
- Sports coach.
- Sports development officer.
- Sports therapist.
- Referee/Umpire.
- Strength and conditioning coach.

What are the entry requirements?

Grade 4 or above in GCSE PE or a Merit in BTEC Level 2 PE; plus GCSE Grade 4 or above in English Language, Mathematics and Science.